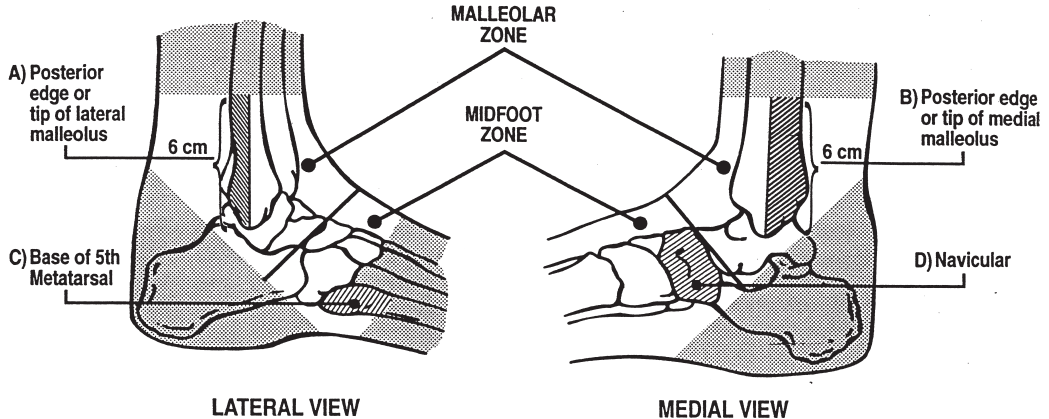




OTTAWA

ANKLE RULES

For Ankle Injury Radiography





OTTAWA

ANKLE RULES

For Ankle Injury Radiography



a) An ankle x-ray series is only required if there is any pain in malleolar zone and any of these findings:

1. bone tenderness at A

OR

2. bone tenderness at B

OR

3. inability to bear weight both immediately and in ED

b) A foot x-ray series is only required if there is any pain in midfoot zone and any of these findings:

1. bone tenderness at C

OR

2. bone tenderness at D

OR

3. inability to bear weight both immediately and in ED
