Directions to the Centre for Practice-Changing Research (CPCR)

Our offices/meeting rooms (i.e. conference room L1112, seminar room L1111, interview rooms) are located in the Centre for Practice-Changing Research. You can get to our offices/meeting rooms by walking outside The Ottawa Hospital (general campus) and accessing the external entrance of the CPCR, or you can get there from inside the hospital.

1. **From outside:** Walk past the main entrance of The Ottawa Hospital (general campus), continue to walk past the main entrance along the side of the building for about 500 ft (the hospital building will be on your right), then you will see an entrance on your right called “Centre for Practice-Changing Research”. The route is highlighted in blue on the attached map. Use the telephone inside to call and be buzzed into the building.

   **Or**

2. **From inside The Ottawa Hospital (general campus):** You can find the CPCR by going through the link that connects The Ottawa Hospital to the Rehabilitation Centre and to the University of Ottawa (highlighted in RED). The link is found on the 2nd floor of the hospital. To get to the link walk past Modules K, L, and M to the end of the corridor where you will see windows, make a left at the end of the corridor, walk about 30 feet, and make a right through the white doors through the corridor labeled access to the Rehab Centre and uOttawa. Walk several feet past the doors and the entrance to the CPCR is on your left. Take the elevator down to the first floor, turn left to reach offices or turn right leaving the elevator and the meeting rooms are located at the end of the hall.